

Susan, 40, had enjoyed a successful marketing career before a string of life-changing events left her broke and with insurmountable debts and a maxed-out credit card. She found herself couch-surfing and at a turning point in her life. She moved into the Wellington Women's House 6 weeks ago and with the help and guidance of the support worker, who referred her to career advisor, she has already found a part-time job.

She was also referred to a budgeting service which has helped her lower repayments by consolidating her debt; now an overwhelming debt will be paid off in just 2 years. These are just the first steps to ensuring Susan moves onto a stable and secure place that she will be able to maintain.

" If you are smart, and eat the incredible food donated by Kaibosh and Good Bitches Baking, if you make your coffee at home before you head out, WWH actually provides you with the opportunity to save."

Her focus now on finding that place and this is made easier knowing that her debt is decreasing and that she will have the support that our outreach programme provides once she makes the move.

"It's been a super supportive place for me to get back on my financial feet, take the time to understand myself and get some therapy to ensure I understand the reasons that lead to me spending like there was no tomorrow."

*Susan is not the resident's real name.

Wellington Women's House is a registered charity that provides short term and emergency housing for single women. For more information or to donate please visit www.wwbh.org.nz